

Another example of a significant event is the following:

I watched an ant
climb a blade of grass this morning.
When he reached the top,
his weight bent the blade
down to the ground.
Then, twisting his thorax
with insectile precision,
he grabbed hold of the next blade.
In this manner,
he travelled across the lawn,
covering as much distance vertically
as he did horizontally,
which amused and delighted me.
and then, all at once,
I had what is sometimes
called an "epiphany,"
a moment of heightened awareness
in which everything becomes clear.
Yes, hunched over that ant
on my hands and knees,
I suddenly knew
what I had to do . . .
Quit drinking before noon.

I owe this to Mac McPherson.

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